JUNE 2023 ISSUE

KALAVINKA

A NEWSLETTER OF EKOJI BUDDHIST TEMPLE



ASIAN AMERICAN NATIVE HAWAIIAN AND PACIFIC ISLANDER (AANHPI) HERITAGE MONTH IN REVIEW



Ekoji's Nen Daiko Team Performs at The National Harbor

EKOJI'S OBON FESTIVAL, JULY 8-9 - 04

HATSUBON SERVICE- 05

PILGRIMAGE TO WWII JAPANESE INCARCERATION CAMPS- 09

NEN DAIKO'S BUSY 2023 PERFORMANCE SEASON - 11

TABLE OF CONTENTS

84,000 THOUGHTS - 03

EKOJI'S OBON, JULY 8-9, VOLUNTEERS NEEDED - 04

HATSUBON SERVICE- 05

SHOTSUKI MEMORIAL LIST - 05

LIFE OF NEMBUTSU & 850TH ANNIVERSARY OF SHINRAN'S BIRTH - 06

WHAT'S THAT MEAN? THE DIFFERENCE BETWEEN THE BUDDHA SIDDHARTHA AND AMIDA BUDDHA - 07

FROM YOUR BOARD, JUNE 2023 REPORT - 08

SANGHA SCOOPS, PILGRIMAGE TO WWII JAPANESE INCARCERATION CAMPS - 09

DANA LIST - 10

NEN DAIKO'S BUSY 2023 PERFORMANCE SEASON - 11

JUNE CALENDAR OF EVENTS - 12

JOIN OUR TEMPLE - 12

LEADERSHIP, CONTRIBUTING WRITERS & EDITORS - 13









84,000 THOUGHTS

A PERSONAL REMINDER OF THE DHARMA IN YOUR HOME CAN BE EFFECTIVE AND BENEFICIAL

By Rev. Kurt Rye

The Buddhist teachings, traditions and rituals do not follow the typical patterns of other religious traditions in the United States. I know this from personal experience. When I entered the Seattle Betsuin for the first time, I was taken aback by the beauty of the Onaijin (alter) and the unique service. It was so unlike any experience I had had attending Christian services when I was younger. After years of attending the Seattle temple, the Onaijin came to mean more to me. I began to understand everything within the Onaijin had specific spiritual meaning that represented the teachings of Jodo Shinshu Buddhism.

I also changed my perception of the Obutsudan (home Buddhist alter). I had been following the Buddhist teachings for over two years before I got my first Obutsudan in Japan. I had resisted purchasing one for it felt peculiar to have a "shrine" in my home. Was I to pray to it? What was the point of offering flowers or food?

Traditionally, the Obustudan houses the GOHONZON (principal object of reverence). This object can be a statue or portrait of Amida Buddha. It can also be the Myogyo, which is the six Kanji characters for "NAMO AMIDA BUTSU". All of these symbols have the same meaning and significance in our tradition.

A candle is used to represent the light and radiance of Amida and the Dharma. A flower vase is used to hold fresh flowers to symbolize the impermanence of life, the teaching that things are in constant change. A small pedestal is used for holding a food offering, usually Obupan (rice ball). It can hold other foods that do not spoil easily, such as bread or sweets. This is not an offering to a deity. Rather, it expresses the interconnectedness of the Buddha and ourselves. Finally, a basic Obutsudan set has an incense burner used for offering incense.

Does one need to have a traditional Obutsudan to be a Jodo Shinshu Buddhist? No, but the importance of having a material object that reminds us of the Dharma in our homes is effective and beneficial. With our busy daily lives it is so easy to get caught up in our mundane concerns and troubles. It is easy to forget the Buddhist teachings and how they can guide every aspect of our lives.

If we have a Buddhist object of reverence, it might catch our eye during a typical day and refocus us from our self-preoccupation to the essence of the Buddha and the teachings. This reminder does not have to be a traditional Obutsudan. It could be a picture or statue of the Buddha or something that is a personal reminder of the Dharma.

The form of our Buddhist reminder is not important, rather it is a way for us to remember the Buddha and the gratitude for our lives. It is a motivating way to start the day, by lighting the incense and saying the Nembutsu. Similarly, it is a comforting way to end the day, calmly reflecting upon all that had gone on during the day, and again offering incense.

EKOJI'S OBON COMING JULY 8 – 9

TIME TO GET READY, TIME TO HELP

By Ken Nakamura

Remember the festive Japanese folk dancing, the power of the Taiko drumming, the music of Japanese folk songs, the Hawaiian music of the famous Aloha Boys, the food, the vendors, the moving evening Garden Service at the end of the festival? And the Sunday Obon Service as we remember, with humble gratitude, our loved ones who have passed away.

That was Obon 2022, Ekoji's first in-person Obon since 2019, and it was an exciting, exhilarating, and moving affair. We bonded with other Sangha members as we worked side-by-side.



Photo by Evan Michio Cantwell

We were so thankful that the rain stopped an hour before the Saturday festivities began, and we were awed when close to 1,000 people came out to enjoy Obon. And really tired!

WE ARE GOING TO DO IT AGAIN!

Obon 2023 will be coming next month – July 8 and 9 – and as with every Obon, it is a massive undertaking for a small temple. We will need all the help we can get, before, during, and after the event.



The famous Aloha Boys

On Saturday, Ekoji's Obon Festival will run from 5-9:00 pm. In reality, the preparation will take all day Saturday, and food prep will begin even before that. On Sunday, the Obon Service, including the Hatsubon Observance, will start at 11:00.

Andrea and Maya are General Chairs again. Planning Committees have been organized, and we will soon start hearing the calls for help.

With all the activities around the festival, sometimes the religious meaning of Obon gets lost. Obon is observed throughout Japan. It is also observed in Hawaii as well as BCA and other temples in the continental U.S. It may be observed in many different ways by the various Japanese Buddhist traditions.

In our Jodo Shin tradition, we think of Obon as a memorial service. Whether in the garden lit by candles, or when we go before the altar and offer gassho, it is with loving memory and gratitude as we remember our loved ones, who led us to walk our Buddhist path.



Photo by Evan Michio Cantwell

Please volunteer and come join us!

HATSUBON – JULY 9

HATSUBON. During the Sunday Obon Service, there is a special time set aside to remember those loved ones who passed away between the Obon service last year, 2022, and this year's Obon.

Participants will be called to come before the Naijin, light a memorial candle for their loved one, and do gassho.



If you wish to participate in this year's Hatsubon please contact the temple at ekoji.info@gmail.com or contact Erick Ishii or Andrea Chapman by Sunday, July 2.

UPON THEIR SHOULDERS

EKOJI'S PAST - OUR PRESENT

The first Sunday of every month, Ekoji conducts a *Shotsuki Service* in memory of those people whose date of death (meinichi) falls in that month.

The Kalavinka provides a list in remembrance of Ekoji's members and friends who passed away during the month of the issue.

Your Ekoji Buddhist Temple exists because of their devotion and efforts as they become a part of Nembutsu history.

This Service is not for those who have passed away, because they are already taken care of by the fulfillment of the 18th Vow. But it does provide us an opportunity to remember, express our gratitude, and reflect on their continuing influence on our lives.

Traditionally special family memorial services are held on specific years following the death of a loved one. It helps us, as a family, to once again remember those who passed away, and to hear the Dharma together.

Special Family Memorial Services may be arranged by contacting Ekoji at ekoji.info@gmail.com.

REMEMBERING WITH GRATITUDE:

MAY

Rev. Dr. Yehan Numata 4/2/1897 – 5/5/1994

> Claire Minami 1/12/1915 – 5/24/2009

> > Jon Craig 5/25/2019

JUNE

Kimi Kawamura 6/11/1992

Mary Nobuko Okamoto 8/14/1920 – 6/12/2017

JULY

Mitsu Yasuda Carl 10/22/1924 – 7/13/2001

> John Malcolm 7/2/12

SPECIAL FAMILY MEMORIAL SERVICES OF 2023:

2022 – 1st Year 2017 – 7th Year 2007 – 17th Year 1991 – 33rd Year 2021 – 3rd Year 2011 – 13th Year 1999 – 25th Year 1974 – 50th Year

LIFE OF NEMBUTSU

JOINT CELEBRATION - 850TH ANNIVERSARY OF SHINRAN'S BIRTH & KYOTO, JAPAN

By Jane Blechman



I was lucky to be in Kyoto (on a tour) and attended the celebrations at Hongwanji-ha of Shinran's birth and the 800th anniversary of the establishment of the Jodo Shinshu teachings.

It was amazing to be on the grounds of Hongwanji-ha, but to attend the services, I can't tell you how special it was. The temple is very large and can hold thousands of people. Our group sat 6 rows back from the Naijin and in the middle. It was a perfect view for the service.

The Gomonshu's message was to embrace our teachings and the Primal Vow. The world has endless issues due to our ignorance and blind passions, and the Monshu asks us to make an effort to live up to our abilities of compassion and up to the Buddha's wish of living in a society where we can all live a fulfilled life.

The service included Gagaku music: traditional court music done with 3 different flutes (Sho, Ryuteki, and a Hichiriki) along with a Shoku (a brass metal disk), a Taiko Drum and a Kakko. These instruments created such a sound which was high-pitched and beautiful. Gagaku music is considered an adornment of Amida Buddha's Pure Land.

Although the service had many different aspects to it, it was familiar and meaningful. We chanted and sang Ondokusan. Monshu Ohtani summarized the essence of the Our Pledge" in hopes that it is used during engagements and gatherings. I include it here:

"OUR PLEDGE"

Breaking out of my shell I shall carefully share a warm smile and speak gentle words Just like the kind Buddha.

Not becoming lost in my greed, anger, and ignorance I shall be open-minded and act accordingly.

Just like the calm and peaceful Buddha.

Not putting myself first I shall share in the joy and sadness of others Just like the compassionate Buddha.

Realizing the gift of life we have received I shall live each day to its fullest Like the Buddha who continues to emancipate all.

The day after the celebration, we went to the Kyoto National Museum to see a special exhibit on Shinran's life and legacy. We saw his original writings and scrolls and many statues of Shinran and Buddha. The two days brought contemplation, hope and a reaffirmation of my Buddhist Path. May we all continue to work towards the Monshu's hope for a peaceful and compassionate world.

WHAT'S THAT MEAN?

WHAT IS THE DIFFERENCE BETWEEN THE BUDDHA SIDDHARTHA AND AMIDA BUDDHA?

The following is adapted from The Heart of the Buddha-Dharma by Rev. Kenryu T. Tsuji, pp. 5-8

When the Buddha (Siddhartha) reached eighty years of age, he began to feel the fatigue of a lifetime of spreading the Dharma. At thirty-five, he had attained Enlightenment and for the following forty-five years, he wandered on foot the whole breadth of northern India, teaching the Way of Wisdom and Compassion.

When he finally felt he could no longer continue his mission, he asked his disciples to accompany him on his last visit to Vaisali, a city he loved. The Buddha, however, could not reach Vaisali and had to stop to rest in Kusinagara. There, in Kusinagara, he passed away quietly between two sal trees.



Figure 1: The Death of Siddhartha

As he laid down between the trees, his disciples gathered around him, knowing that the Buddha's end was near. To his disciples the Buddha said,

"My disciples, my last moment has come, but do not forget that death is only the passing of the physical body... the true Buddha is not a human body, it is Enlightenment. A human body must die, but the wisdom of Enlightenment will exist forever in the truth of the Dharma and in the practice of the Dharma."

And then he said, "Make of yourself a light. Rely upon yourself, do not depend on anyone else."

In these immortal words, the Buddha taught us that there was something greater than the physical body. He was pointing to the power of Enlightenment, a power that all beings possess. This is the true energy of human life that never perishes. The physical body dies but the energy never dies. Make of yourself a light. These are powerful words.

We must search for the inner light, which is the infinite Buddha within. Nobody can find the Buddha for us. Each person must find the Buddha within him or herself. And when we find the Buddha, we realize that it was this Buddha – the great power of Wisdom and Compassion – that has been operating within us throughout timeless time.

In the Jodo Shinshu school of Buddhism, Amida Buddha symbolized the timeless, unending power of wisdom and compassion operating throughout the universe. Amida stands for Amitabha and Amitayus. Amitabha is Infinite Light and Amitayus is Infinite Life. Light is the symbol of Supreme Wisdom and Life is the symbol of Infinite Compassion. Infinite here means "all embracing."

WHAT'S THAT MEAN? ...cont



Figure 1: Amida Buddha statue Photo by Evan Michio Cantwell

By the very nature of the power of wisdom and compassion, Amida Buddha completes the enlightenment of sentient beings. Why is it that we are incapable of completing our own enlightenment? Essentially, because we are tainted by egocentricity and selfishness, therefore one must come to a realization of their existential limitations and awaken to the wisdom and compassion of Amida Buddha.

With this religious insight comes a deeper dimension of existence. From the lower level of the small individual self of everyday life consciousness, we rise to a higher level of consciousness to become fully awakened to the universal consciousness of Amida Buddha. This faith in Amida, this inner light of wisdom, becomes a dynamic force within our lives.

FROM YOUR BOARD JUNE 2023 REPORT

By Andrea Chapman, President of Ekoji

- Advantaclean has completed its mold remediation work in Tsuji Center. Volunteers
 are needed to help paint the 8900 sq ft of interior wall space the first weekend of
 June.
- At the May meeting, the Board approved a motion to re-establish the Young Buddhist Group at Ekoji. Our gratitude to Wyatt and Nick for spearheading this initiative and to Frank for serving as the BOD advisor to the group.
- The Wagashi Making Workshop has sold out. Many thanks to those who purchased a ticket to this June 10 event which is a fundraiser for the temple. We are looking forward to seeing you then.
- Approximately 75 volunteers are needed to staff this year's Obon festival. Please sign
 up for a shift today! Team captain(s) are still needed for our candle sales and
 specialty beverages. If this is something you would enjoy taking the lead on, please
 contact Maya or Andrea or email the office at ekoji.info@gmail.com

SANGHA SCOOPS

By Ken Nakamura

In the life of a temple and its Sangha, there are happy and joyous occasions, and ones that are truly sorrowful. And as we learn of things, we will try to report on both saying

Namo Amida Butsu.

This May, tens of thousands from the Jodo Shin Buddhist World gathered at our main temple, the Nishi Hongwanji-ha in Kyoto, Japan, to celebrate the 850th Anniversary of the birth of Shinran Shonin, and the 800th Anniversary of the founding of the Jodo Shin Buddhist denomination. Ekoji, too, was unofficially represented at these ceremonies by Trustee Jane Blechman, husband Frank, and daughter Hannah, along with Ekoji's Senior Minister's Assistant, Erick Ishii. Along with attending the ceremonies, they were also part of a "Foodies Tour of Japan", led by Ekoji's long-time supporter, Rev. Brian Nagata. Jane commented that she has never eaten so much fish, especially raw fish, in her life, but she also found the tour delightful. Erick, while vacationing, attending the services, and eating up a storm, seems to have also been on assignment for Rev. Rye, checking this and that out.

Also traveling this May were Ken and Nori Nakamura, along with Nori's sister and brother-in-law, Rev. Eijun and Toshiko Kujo. They joined 200 people in a Pilgrimage to the World War II incarceration camps for those of Japanese descent in Jerome and Rohwer, Arkansas. These two camps, with a population of about 6,000 and 8,000 people respectively, were about 40 miles apart.



At the beginning of World War II, Kiyomi Nakamura and Ayako Noguchi were living in Central California, and Rev. and Mrs. Shingetsu Akahoshi were living in Gardena, California, where Rev. Akahoshi was serving as the resident minister of the Gardena Buddhist Church. Rev. Akahoshi was quickly arrested by the FBI and sent to a Department of Justice camp in Santa Fe, New Mexico. Kiyomi Nakamura and Ayako Noguchi were sent from Central California to the Jerome Camp, and Mrs. Fusako Akahoshi and Nori's 5 siblings were sent to the Rohwer Camp.

Ken and Nori went to both sites where the camps were, as well as attending several seminars, lectures, and especially listening to the other participants, now mostly senior citizens like Ken and Nori.

The pilgrims mostly talked about what they had heard and learned about the camps from their parents and other relatives. While most were descendants, there were also a few who experienced the camps personally. Ken's mother and Nori's father had made the Pilgrimage almost 3 decades ago, and this time it was Ken and Nori's turn to learn and to imagine what our family went through as we stood on the very sites they did.

SANGHA SCOOPS ...cont



Original monument at Rohwer in memory of the incarcerated.

Open fields all around.

In life, birth, old age, sickness and death are part of our human reality. There are those in our Sangha that we know are or have been experiencing health issues. And of course, there are even more who we do not know about. It is difficult to know whether to write about them or not.

While we may be silent in this column, know that the Sangha joins in wishing you strength and support, and that we believe you are always part of Amida's Compassion.

IN GASSHO – DANA LIST

Ekoji Buddhist Temple thanks the following individuals for their generous gifts during March & April 2023:

Joy Aso	Marisa and Tamon Honda	Ken and Nori Nakamura
Lynn Black	Micheal Huff	John Nix
Loredana Calin	Emily Ihara	Donna Omata
Chrissy Chow	Miye Jacques	Jack Perry
Mahkameh Doroud	Norm and Gail Kondo	Edward Sams
Matthew Doubrava	Sandra Lukic-Dapoigny	Roger Scott
Christopher Fisher	Thea Maggard	Ajit and Samanthie Silva
Stanley Fujii	Bert and Nancy Motonaga	Charles Uyeda (Sumi Uyeda)
Yoriko Fujita Armstrong	John Mruk	

NEN DAIKO'S BUSY 2023 PERFORMANCE SEASON

By Emily Ihara

Thank you to all who have come out to support Nen Daiko and Dounen Daiko during the National Cherry Blossom Festival this year!

We had six performances between March 25 and April 15, at the Smithsonian American Art Museum, Sakura Taiko Fest, the National Japanese American Memorial Foundation Freedom Walk, Sakura Sunday at National Harbor, Bloomaroo at the DC Wharf, and the NCBF Sakura Matsuri Festival.



Sakura Taiko Fest. Photo by Tonia Sine

The spring brought some volatile weather with rain and windy conditions forcing two events to be postponed and last minute reorganizing. It was a great reminder about letting go of attachments to our well-crafted plans (our phrase for this is "max flexibility").

Several of our new Dounen members (Connor, Kai, Sayuri, and Sofia) made their debut at Sakura Taiko Fest on the Sylvan Theatre stage.

Ten Dounen members joined us for our annual performance at the NJAMF Freedom Walk where they played their signature song, "Anthem." The rain held off just long enough for us to have excellent audience participation for Ei Ja Nai Ka at that event.

May is Asian American Native Hawaiian and Pacific Islander (AANHPI) Heritage Month. It was an honor to perform for the National Museum of Asian Art's Centennial Celebration on May 13. Despite the rainy conditions, we appreciated the opportunity to be part of this historic moment for our community.



Sakura Sunday at The National Harbor. Photo by Tonia Sine

Looking ahead, there's much more taiko fun in June and July (stay updated by checking out our calendar at www.nendaiko.org). And don't miss the special event at the 2023 Smithsonian Folklife Festival: "Creative Encounters: Living Religions in the U.S." On July 1, Nen Daiko will be performing and focusing on Buddhist Taiko as part of this program. We hope to drum up interest in attending Ekoji's Obon on July 8 and Seabrook's Obon on July 15!

JUNE 2023 CALENDAR OF EVENTS

WEEKLY

Sundays

11:00 am: Hybrid In-Person/Virtual Service Hybrid discussion group meets in the Hondo and <u>Ekoji Zoom Room</u> after service.

Thursdays

7:30 pm: In-person Meditation Group In the Hondo

MONTHLY

First Sunday, June 4

10:00- 10:45 am: Temple clean-up

11:00 am: Shotsuki

Sangha members who have lost a loved one during that particular month (in any year) are invited to go before the altar. Chant, gassho, and burn incense in loving memory and gratitude for the person who has passed.

Third Sunday, June 18

2:00 pm: Buddhist Movie Group, meets in Ekoji Zoom Room.

June's movie is *Stranger Than Fiction*, available on <u>Amazon Prime</u>.

SPECIAL EVENTS AND HOLIDAYS

Details at <u>Ekoji.org</u>

June 4

9:30 am: Children's Dharma School 2022-2023 year end party!

Friday June 2-4

Facility interior painting party In the Tsuji Center

Saturday June 10

Wagashi (Japanese Sweets) Making Workshop In the Tsuji Center Session 1: 2:30-3:30 pm Session 2: 4:00-5:00 pm

Sunday, June 25 and Sunday, July 2 1:00-2:00 pm: Obon Dance Lessons

In the Hondo

Saturday July 8

5-9 pm: Obon Summer Festival

MINISTER'S OFFICE HOURS

Wednesdays, 1:00 – 2:00 pm: Schedule a Zoom or phone meeting with Rev. Kurt Rye: (703) 239-0500 Rye.ekoji@gmail.com

Join Our Temple We are committed to growing a worldwide Sangha and invite you to join our diverse community. Explore the benefits of membership by visiting our membership portal at https://ekojibuddhisttemple.wildapricot.org FOLLOW US @ekojibuddhisttemple ALL ARE WELCOME!

FOLLOW US!







WHAT IS A KALAVINKA?

A Kalavinka is a mythical bird with the head of a human and a long, flowing colorful tail. It lives in the Pure Land. It has a beautiful voice that sings praises of the Buddha, the sutras, and the words of the Buddha.



Photo courtesy of Wikipedia

YOUR TEMPLE LEADERS

VIRTUAL EKOJI MINISTER & ADVISOR:

Reverend Kurt Rye

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KALAVINKA

A NEWSLETTER OF EKOJI BUDDHIST TEMPLE

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The Kalavinka is currently accepting creative content for monthly publications.

If you would like to contribute your articles, letters, artwork, or especially photographs, please submit content to:

Ekoji.info@gmail.com

or

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